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CORONADO BEACH,

SAN DIEGO COUNTY, CALIFORNIA.

ITS ATTRACTIONS AS A HEALTH AND PLEASURE RESORT; ITS WONDERFULLY EQUABLE CLIMATE, WHICH MAKES IT AS DELIGHTFUL IN SUMMER AS IN WINTER;

ITS LUXURIOUS HOTEL,

2389.136

THE HOTEL DEL CORONADO,

THE LARGEST RESORT HOTEL IN THE WORLD.

"I have seen many parts of the world, and have made some study of this subject. It is the question of climate—of your latitude—that I refer to. You are here on the 32d parallel, beyond the reach of the severe winters of the Northern latitudes. You have a great capital in your climate. It will be worth millions to you. This is one of the favored spots of earth, and the people will come to you from all quarters to live in your genial and healthful atmosphere. . . . A climate that has no equal."—AGASSIZ.

PUBLISHED FOR E. S. BABCOCK, MANAGER, BY THE PACIFIC PRESS PUBLISHING CO., OAKLAND, CAL.

CORONADO.

A LAND of sunny days,
Of winds whose soft caress
Doth lull to sweet forgetfulness;
Of eves enwrapped in mellow haze,—
And nights where fairy-fingered Sleep
Doth soothe the restless pulses of the deep.
A land where Winter hath fair Summer wed,
And these, their gentle progeny, are bred.

—F. C. B.

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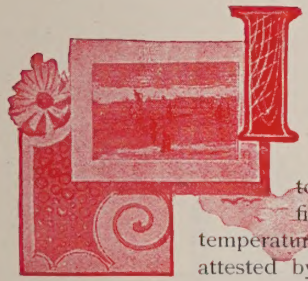
Thomas Minns
January 1, 1906.

"THE WINTER OF OUR CONTENT."

Charles Dudley Warner, in Harper's Magazine for December.



I DO not know whether the San Diego climate would be injured if the hills were covered with forests and the valleys were all in the highest and most luxuriant vegetation. The theory is that the interaction of the desert and ocean winds will always keep it as it is, whatever man may do. I can only say that, as it is, I doubt if it has its equal the year round for agreeableness and healthfulness in our Union; and it is the testimony of those whose experience of the best Mediterranean climate is more extended and much longer continued than mine, that it is superior to any on that inclosed sea. About this great harbor, whose outer beach has an extent of twenty-five miles, whose inland circuit of mountains must be over fifty miles, there are great varieties of temperature, of shelter, and exposure, minute subdivisions of climate, whose personal fitness can only be attested by experience.

There is a great difference, for instance, between the quality of the climate at the elevation of the Florence Hotel, San Diego, and the University Heights, on the *mesa*, above the town, and that on the long Coronado beach, which protects the inner harbor from the ocean surf. The latter, practically surrounded by water, has a true marine climate, but a peculiar and dry marine climate, as tonic in its effect as that of Capri, and, I believe, with fewer harsh days in the winter season.

I wish to speak with entire frankness about this situation, for I am sure that what so much pleases me will suit a great number of people, who will thank me for not being reserved. Doubtless it will not suit hundreds of people as well as some other localities in Southern California, but I found no other place where I had the feeling of absolute content and willingness to stay on indefinitely. There is a geniality about it for which the thermometer does not account, a charm which it is difficult to explain. Much of the agreeability is due to artificial conditions, but the climate man has not made nor marred.

The Coronado beach is about twelve miles long. A narrows and promontory, running northward from the mainland, rises to the Heights, then broadens into a table-land, which seems to be an island, and measures about a mile and a half

THE HOTEL DEL CORONADO—FROM THE NORTHEAST.

each way; this is called South Beach, and is connected by another spit of sand with a like area called North Beach, which forms with Point Loma the entrance to the harbor. The North Beach, covered partly with chaparral and broad fields of barley, is alive with quail, and is a favorite coursing-ground for rabbits. The soil, which appears very uninviting, is with water uncommonly fertile, being a mixture of loam, disintegrated granite, and decomposed shells, and especially adapted to flowers, rare tropical trees, fruits, and flowering shrubs of all countries.

The development is on the South Beach, which was in January, 1887, nothing but a waste of sand and chaparral. I doubt if the world can show a like transformation in so short a time. I saw it in February of that year, when all the beauty, except that of ocean, sky, and atmosphere, was still to be imagined. It is now as if the wand of the magician had touched it. In the first place, abundance of water was brought over by a submarine conduit, and later from the extraordinary Coronado Springs (excellent soft water for drinking and bathing, and with a recognized medicinal value), and with these streams the beach began to bloom like a tropical garden. Tens of thousands of trees have attained a remarkable growth in three years. The nursery is one of the most interesting botanical and flower gardens in the country; palms and hedges of Monterey cypress and marguerites line the avenues. There are parks and gardens of rarest flowers and shrubs, whose brilliant color produces the same excitement in the mind as strains of martial music. A railway traverses the beach for a mile, from the ferry to the hotel. There are hundreds of cottages, with their gardens, scattered over the surface. There is a race track, a museum, an ostrich farm, a labyrinth, good roads for driving, and a dozen other attractions for the idle or the inquisitive.

The hotel stands upon the south front of the beach and near the sea, above which it is sufficiently elevated to give a fine prospect. The sound of the beating surf is perpetual there. At low tide there is a splendid driving beach miles in extent, and, though the slope is abrupt, the opportunity for bathing is good, with a little care in regard to the undertow. But there is a safe natatorium on the harbor side close to the hotel. The stranger, when he first comes upon this novel hotel and this marvelous scene of natural and created beauty, is apt to exhaust his superlatives. I hesitate to attempt to describe this hotel,—this airy and picturesque and half-bizarre wooden creation of the architect. Taking it and its situation together, I know nothing else in the world with which to compare it, and I have never seen any other which so surprised at first, that so improved on a two weeks' acquaintance, and that has left in the mind an impression so entirely agreeable. It covers about four and a half acres of ground, including an inner court of about an acre, the rich made soil of which is raised to the level of the main floor. The house surrounds this, in the Spanish mode of building, with a series of galleries, so that most of the suites of rooms have a double outlook,—one upon this lovely garden, the other upon the ocean or the harbor.

The effect of this interior court or *patio* is to give gaiety and an air of friendliness to the place, brilliant as it is with flowers and climbing vines; and when the royal and date palms that are vigorously thriving in it attain their growth it will

be magnificent. Big hotels and caravansaries are usually tiresome, unfriendly places; and if I should lay too much stress upon the vast dining room (which has a floor area of 10,000 feet without post or pillar), or the beautiful breakfast room, or the circular ballroom (which has an area of 11,000 feet, with its timber roof open to the lofty observatory), or the music room, billiard rooms for ladies, the reading rooms and parlors, the pretty gallery overlooking the spacious office rotunda, and then say that the whole is illuminated with electric lights, and capable of being heated to any temperature desired,—I might convey a false impression as to the actual comfort and homelikeness of this charming place.

On the seaside the broad galleries of each story are shut in by glass, which can be opened to admit, or shut to exclude, the fresh ocean breeze. Whatever the temperature outside, those great galleries are always agreeable for lounging or promenading. For me I never tire of the sea and its changing color and movement. If this great house were filled with guests, so spacious are its lounging places I should think it would never appear to be crowded; and if it were nearly empty, so admirably are the rooms contrived for family life, it will not seem lonesome.

I shall add that the management is of the sort that makes the guest feel at home and at ease. Flowers, brought in from the gardens and nurseries, are everywhere in profusion,—on the dining tables, in the rooms, all about the house. So abundantly are they produced that no amount of culling seems to make an impression upon their mass.

But any description would fail to give the secret of the charm of existence here. Restlessness disappears, for one thing, but there is no languor or depression. I cannot tell why, when the thermometer is at 60° or 63°, the air seems genial and has no sense of chilliness, or why it is not oppressive at 80° or 85°. I am sure the place will not suit those whose highest idea of winter enjoyment is tobogganing and an ice palace, nor those who revel in the steam and languor of a tropical island. But for a person whose desires are moderate, whose tastes are temperate, who is willing for once to be good humored and content in equable conditions, I should commend Coronado Beach, and the Hotel del Coronado, if I had not long ago learned that it is unsafe to commend to any human being a doctor or a climate.

But you can take your choice. It lies there, our Mediterranean region, on a blue ocean protected by barriers of granite from the northern influences, an infinite variety of plain, cañon, hills, valleys, seacoast; our New Italy without malaria, and with every sort of fruit which we desire (except the tropical), which will be grown in perfection when our knowledge equals our ambition; and if you cannot find a winter home there or pass some contented weeks in the months of Northern inclemency, you are weighing social advantages against those of the least objectionable climate within the Union. It is not yet proved that this equability and the daily outdoor life possible there will change character, but they are likely to improve the disposition and soften the asperities of common life. At any rate, there is a land where from November to April one has not to make a continual fight with the elements to keep alive.

"AS AGREEABLE FOR A SUMMER AS FOR A WINTER RESORT."

Charles Nordhoff.

CHARLES NORDHOFF, well known for his writings on California, "For Health, Pleasure, and Residence," writes of Coronado:—

"For situation, architectural beauty, and comfort, the Hotel del Coronado is really the most perfect and charming hotel I know of in either Europe or America; and in this judgment several friends here, of wider experience than my own, concur. The air here is dryer than at any other seaside resort I know of.

"The climate and situation make the hotel as agreeable for a summer as for a winter resort, and ought to draw to it in summer the large number of those who leave home to escape the extreme summer heat of our Middle States, quite as much as those who seek a mild winter climate. The public of our Eastern States has never fully grasped the fact that the summer climate of the California coast is as refreshing and invigorating as its winter climate is sunny and warm.

"Lying immediately upon the ocean, whose spray has sometimes washed the windows of the great seaside inclosed gallery, the Hotel del Coronado has at its side and close at hand the always smooth waters of San Diego Bay, where sailing, salt-water bathing, and fishing are possible winter and summer. Its broad and sunny piazzas invite the lounger on winter days, while the lovely and always cool interior court, full of rare flowers, makes a delightful retreat in the warmest summer day. The spacious grounds, full of flowers winter and summer, and smoothly paved, invite invalids to exercise in the sunlight and fresh air, while for the robust, shooting, fishing, and sailing, short excursions to the mountains and on the numerous little railways which now permeate the region around San Diego, offer an endless variety of healthful amusement and excitement.

"Of the peculiar beauty and comfortableness of the Hotel del Coronado, Charles Dudley Warner has written in *Harper's Magazine* without exaggeration. To me, who am of an active habit, one of the added pleasures of life here is in the number of things one can easily do,—the variety which the situation offers of interesting short excursions between breakfast and dinner. To that large number of men and women of leisure who need to be 'doing something' in order to be perfectly happy, Coronado is a most fortunate place. To the invalid and the idler, the spacious and sunny corridors inclosed in glass and looking out upon the ocean, as well as the open-air verandas, give abundant opportunity for exercise and lounging.

"Of the pleasures and satisfactions of the Southern California coast climate in winter so much has been written by physicians and travelers that this is now well known. But it ought to be more generally known that it is equally satisfactory and beneficial in the summer months. Because San Diego lies near the latitude of the Sandwich Islands, and because the interior valleys of California are very hot in June, July, and August, it is thought that one should go to Coronado only in winter. But it is the exact truth to say that the summer climate of this southern coast invites to active exercise when the heat of the Atlantic side forces people to swelter on piazzas. There is no other seaside resort or any mountain resort so cool and comfortable in midsummer as is the Hotel del Coronado, and for those who yearly spend two or three months away from home to 'keep cool,' and to avoid the extreme and exhausting heat of our great interior region, the Pacific Coast resorts, and especially this one, offer comforts and pleasures which will some day make this the favorite region of summer tourists and for the leisured class which seeks health and vigor as well as pleasure in summer travel. The rainless summer and fall make this coast the pleasantest region in the world for outdoor life. The cool breezes of the seacoast and the dry heat combine to make the summer climate, even farther south than San Diego, healthful and delightful. The nights are always cool and refreshing. In the warmest day the shade of a tree or piazza is cool. The clear, cloudless skies allow the heat to ascend and leave the temperature near the sea level cool, as the ocean's surface always is.

"The California coast will some day be as famous and fashionable, and as welcome to summer travelers, as it has within a few years become to those seeking to avoid the extreme rigors of Northern winters. The journey hither, from any spot west of Cincinnati, Chicago, or even Pittsburgh, is now more comfortably made in summer than from the same points to the White Mountains and the Maine coast, and sensible 'Western' men are discovering that they can get more comfort and health for themselves and their families, with far more novel and interesting experiences, on the coast of Southern California than anywhere in the East, or, for that matter, at European resorts. The Hotel del Coronado is found by such people to be as comfortable and as fascinating a summer home as it is acknowledged to be satisfactory in winter."

A CLIMATE FOR INVALIDS.

Dr. H. A. Johnson, Chicago.

From "Our Italy," by Charles Dudley Warner. Copyright, 1891, by Harper & Brothers.

THE climates of the western and southwestern portions of the United States are well suited to a variety of morbid conditions, especially those pertaining to the pulmonary organs and the nervous system. Very few localities, however, are equally well adapted to diseases of innervation of circulation and respiration. For the first and second, as a rule, high altitudes are not advisable; for the third, altitudes of from two thousand to six thousand feet are not only admissible, but by many thought to be desirable. It seems, however, probable that it is to the dryness of the air and the general antagonisms to vegetable growths, rather than to altitude alone, that the benefits derived in these regions by persons suffering from consumption and kindred diseases should be credited.

Proximity to large bodies of water, river valleys, and damp plateaus is undesirable as places of residence for invalids with lung troubles. There are exceptions to this rule. Localities near the sea with a climate subject to slight variations in temperature, a dry atmosphere, little rainfall, much sunshine, not so cold in winter as to prevent much outdoor life, and not so hot in summer as to make outdoor exercises exhausting, are well adapted, not only to troubles of the nervous and circulatory systems, but also to those of the respiratory organs.

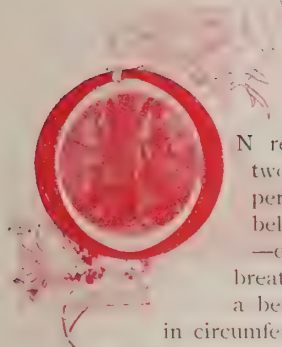
Such a climate is found in the extreme southern portions of California. At San Diego the rainfall is much less, the air is dryer, and the number of sunshiny days very much larger than on our Atlantic seaboard, or in Central and Northern California. The winters are not cold; flowers bloom in the open air all the year round; the summers are not hot. The mountains and sea combine to give to this region a climate with few sudden changes, and with a comfortable range of all essential elements.

A residence during a part of the winter of 1889–90 at Coronado Beach, and a somewhat careful study of the comparative climatology of the southwestern portions of the United States, lead me to think that we have few localities where the comforts of life can be secured, and which at the same time are so well adapted to the needs of a variety of invalids, as San Diego and its surroundings. In saying this I do not wish to be understood as preferring it to all others for some one condition or disease, but only that for weak hearts, disabled lungs, and worn-out nerves it seems to me to be unsurpassed.

COURT OF THE HOTEL DEL CORONADO.

THE CLIMATE OF THE SAN DIEGO BAY REGION.

Dr. P. C. Remondino.



N reaching Southern California one soon experiences an increased capacity for sleep and food,—two sure indications that the physical system is being improved in tone by the climate. In elderly persons a feeling of rejuvenation is likewise experienced, and persons who have all their lives been below their normal weight, soon increase in proportions. Still the climate does not induce obesity,—one simply acquires his normal weight and retains it. The chest expands in its proportions, and the breathing capacity is greatly increased. This gives the blood greater facility for aeration, and induces a better physiological condition of all the organs. I have known chests to gain three or four inches in circumference, and two or three inches in expansion, in the course of eighteen months' residence in the San Diego Bay region, and that in the case of persons who were pulmonary invalids on arriving. This is due to the extreme equability and mildness of the climate, allowing constant and free ventilation of rooms and houses, and constant out-of-door exercise, which is the real and only true safeguard and remedial agent in consumption.

It is owing to this climatic condition that in the Board of Health reports of the city of San Diego for the last ten years, there is not one case of consumption that originated in the city. The immunity that this climate gives to the inhabitants from diseases of the chest and abdominal organs, is simply phenomenal. Pneumonia, bronchitis, pleurisy, and similar diseases are unknown; and during the late epidemic of influenza, or *la grippe*, although deaths from chest diseases were greatly on the increase in the United States, and also in Central and Northern California, San Diego, with its population of 33,000 people, and the adjoining bay region, with its 15,000 additional population, with the epidemic as prevalent as elsewhere, did not lose a single case from any of the chest complications that follow the influenza. The utter absence of malaria makes it a desirable location for those suffering from chronic malarial poisoning; liver and kidney complaints, or rheumatism of the chronic order, find here a relief that cannot be equaled elsewhere.

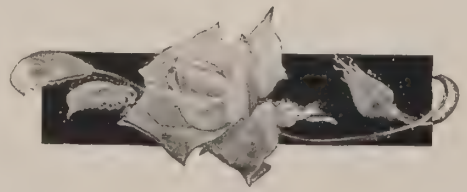
The climate is one of perpetual spring, and the asceptic condition of the air is equaled only by that found in the air of the highest Alps of Switzerland. All persons who have practiced surgery in Southern California bear testimony to this asceptic

atmospheric condition. It is this asceptic and equable air that gives this climate such renown in cases of laryngeal and throat diseases, a class of cases that do better here than any other,—at least in these cases the improvement is more sensible and visible in a short space of time.

As a summary, it may be said that all throat, chest, or abdominal, rhenal, rheumatic, or gouty affections, especially if of a chronic order, are benefited by this climate, and the patient can look forward to a return to health, provided organic destruction has not advanced to a point beyond the hope of repair. Cases of the above affections, in the first stages of chronicity, can look forward hopefully, without fear, to speedy relief.

For those in health this climate offers a delightful home. There is probably no other climate on the globe wherein man can live with as little physical exertion or discomfort,—no heat and no cold, no feeling of enervation, but health always at its full tide. This is well exemplified in the natives, many of whom enjoy more than a century of existence, a marked contrast to the term of life of the red man elsewhere. This is due purely to our climate. I have known personally many such centenarians of aboriginal origin.

Cholera infantum and the diseases of infancy have no existence here, the extreme equability of temperature being inimical to their presence; childhood and old age—the periods of life most tried by other climates—here find an unequaled haven of safety, as neither the diseases of early infancy, which cause such death rates elsewhere, nor the diseases that lay in wait for the aged and feeble, can find a home in this land of equability and sunshine, where infancy and green old age can live in comfort and safety. Adult and vigorous middle life can well be expected to reach the full tide of mental and physical vigor and perfection.



"A DELIGHTFUL AND HIGHLY FAVORED REGION."

MORRIS PHILLIPS, the editor of the New York *Home Journal*, writes from the Hotel del Coronado, under dates of February 28 and March 5, 1891:—

"You ask for my opinion concerning Coronado as a health resort. Of what possible value can my opinion be when so many authorities agree that the climate is nearer perfection than that of any other known place in the world? The Rev. Walter Colton, a chaplain in the United States Navy, who lived in California for three years, says this in so many words. The great scientist, Agassiz, who was here in 1872, wrote as follows: 'Coronado has no equal among the health resorts in the world.'

"Dr. Remondino, president of San Diego's Board of Health, says: 'Childhood and old age—the period of life most tried by other climates—here find an unequaled haven of safety.'

"I have no opinion to offer, but a very brief statement to make. I often credited with a large grain of salt the many flattering tales I heard of this delightful and highly favored region (a perpetual spring), and now, in turn, I fear others will not believe me, so enthusiastic have I become. One word more, I brought my daughter here, as you know, for her health, and she has been greatly benefited."

"This is the 5th of March; I have been here one week to-day, and every day of the seven has been about alike,—dry, sunshiny, only one or two days cloudy. On some days of the seven I have seen men bathing in the ocean, and the bathers said the temperature was enjoyable,—this in February. I am told that you can bathe in the surf the year round.

"Now as to temperature. I believe it to be the most equable climate in the world—but away with 'beliefs.' I have a thermometer of my own, and the hotel has one also, but I have watched closely a government self-recording instrument which is so placed that no ray of the sun and no reflection can approach it, and the figures, signed by an official of the signal service in the United States Army, record something like this for the current week: Five A. M., 55°; noon, 68°; five P. M., 64°."

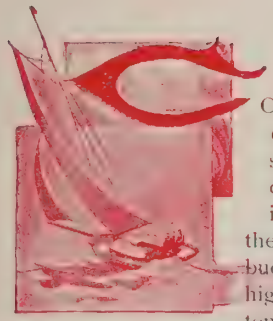
The figures quoted, to be exact, are those recorded on February 28; some days since then have been a trifle cooler.

You may suggest, "If there is almost continual sunshine during daylight, and the ground is always covered with grass and wild flowers, it must be very hot and trying in summer."

Must it? Remember there is a bay on three sides of Coronado, and the Pacific Ocean is on the other.

BATHING SCENE IN THE HOT AND COLD SALT-WATER SWIMMING TANKS.

NO HAY FEVER.



CORONADO is a haven for hay fever sufferers. Here hay fever is not indigenous, and in imported cases its course is short, the improvement being immediate. In fact, the atmosphere of Coronado is so salutary, so free from irritating dust and noxious vegetable effluvia, that the material on which the disease feeds is wholly lacking; consequently, hay fever is here famished, as it were, and dies of inanition, and the salubrious Coronado Natural Mineral Water soon clears away all the dregs of it from the constitution. The lately languid and despondent invalid finds his mind become contented, his spirits buoyant, and his whole body full of health and energy. In such cases, other circumstances here are highly favorable; for instance, the proximity of the surrounding ocean, and the regular alternating breezes, tending to maintain the wondrous equability of the temperature of the air, which temperature varies but little during the twenty-four hours, being nearly the same by night as by day. Owing, also, to the sea breeze, the air is never so dry as to be unpleasant, but is always balmy and soothing to the respiratory organs. A physician of eminence, during three years' residence, took special note of the hay fever invalids who came here in quest of health, and was often amazed at their rapid recovery. The same climatic and other advantages which are here so curative in hay fever, are also highly beneficial in phthisis and other chest complaints, and in ailments of the liver, kidneys, and bladder.

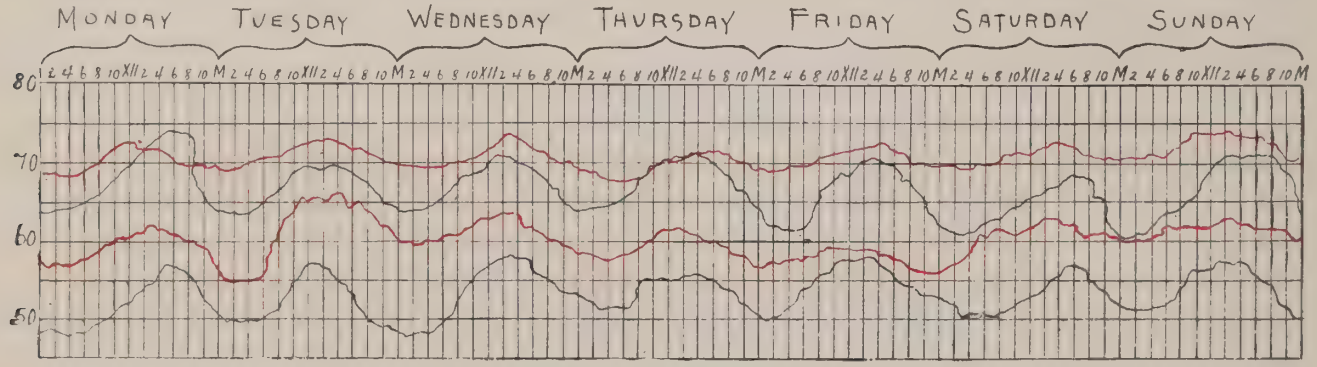
RAINFALL FOR TEN YEARS.—REPORT FROM THE U. S. SIGNAL SERVICE OFFICE.

—	Jan.	Feb.	March.	April.	May.	June.	July.	Aug.	Sept.	Oct.	Nov.	Dec.	Total.
1880	0.61	1.50	1.43	1.34	0.06	0.06	0.09	0.32	0.00	0.53	0.28	4.15	10.37
1881	0.52	0.45	1.88	1.35	0.04	0.05	0.09	0.01	0.04	0.24	0.12	0.30	5.00
1882	4.53	2.55	1.02	0.45	0.18	0.07	0.00	0.00	0.01	0.41	0.39	0.13	9.74
1883	1.09	0.95	0.41	0.31	1.14	0.08	0.00	0.00	0.00	2.01	0.20	1.82	8.01
1884	1.34	9.05	6.23	2.84	2.17	0.31	0.00	0.00	0.07	0.35	0.11	5.12	27.59
1885	0.35	0.02	0.78	1.20	0.61	0.06	0.00	0.00	0.00	0.31	1.56	0.71	5.30
1886	6.95	1.51	3.73	1.95	0.04	0.07	0.00	0.00	0.00	0.05	0.95	0.10	15.35
1887	0.04	4.51	0.02	2.14	0.47	0.04	0.01	*T	*T	*T	2.01	1.14	10.45
1888	1.96	1.48	2.79	0.10	0.22	0.04	0.01	*T	0.04	0.26	1.83	2.84	11.57
1889	1.72	1.80	2.20	0.19	0.03	0.10	*T	0.04	*T	2.12	0.12	X2.02	10.34

*T indicates a trace of rainfall, or less than 0.01. X Approximated.

SEPTEMBER AND APRIL—JULY AND FEBRUARY.

The following records were taken by one of the latest improved thermographs. These show the comparatively slight variation in the temperature of the two seasons, and the remarkable equability of each, at Coronado. The red lines give the records of one week beginning September 2, 1893, and April 28, 1894; those in black give one week beginning July 25 and February 10, 1894.



"PERFECT IN ELEGANCE."

"The architectural grandeur and beauty of this hotel is something difficult to realize. No pen can describe it, no language do it justice; it is one of the marvels of the age we live in. Perfect in elegance, unique, and complete in all its appointments—the whole seems as if it were a beautiful dream."—P. M. ARTHUR, Cleveland, Ohio.

RECORDS OF THE UNITED STATES SIGNAL SERVICE.

THE following figures are taken from the official records of the United States Signal Service Station at San Diego, and are for the ten years from 1876 to 1885, both years inclusive:—

"A period of TEN YEARS, covering 3,653 days, there were 3,533 DAYS IN WHICH THE MERCURY DID NOT RISE ABOVE 80°, and ONLY **120** DAYS in which it rose higher than 80°.

"During this time there were never more than two days in any one month in which it rose so high as 85°, except June, 1877, four days; September, 1878, five days; June, 1879, two days; September, 1879, four days."

On not a single day during the ten years did any unusual warmth continue more than a few hours, the HIGHEST MEAN TEMPERATURE FOR ANY DAY BEING ONLY 70°. It thus appears that the climate of Coronado is entirely free from what is known in the East as "the heated term." In these ten summers no sweltering heat by night prevented sleep; in fact, there was no night during all the period when a blanket was not necessary for comfort. It has been seen that there is no such thing as a "heated term" known here. It will now be shown that what is termed a "cold snap" is equally unknown. During the same ten years, containing 3,653 days, there were 3,560 ON WHICH THE MERCURY DID NOT FALL BELOW 40°. . . . ON NO DAY DID THE MERCURY REMAIN AT 40° MORE THAN ONE OR TWO HOURS, and this between midnight and daylight, the lowest record for any day being 52°—on four of the 3,653 days.

COMPARED WITH THE NOTED EUROPEAN RESORTS.

—	Jan.	Feb.	March.	April.	May.	June.	July.	Aug.	Sept.	Oct.	Nov.	Dec.
CORONADO	*55.9	58.5	55.0	57.2	60.4	63.1	67.0	70.5	66.6	59.7	56.0	56.0
Naples.....	†46.5	48.5	52.0	57.0	66.5	71.0	75.0	76.5	72.5	65.0	54.5	50 5
Mentone	†48.0	48.0	52.0	57.0	63.0	70.0	75.0	75.0	69.0	64.0	54.0	49.0
Rome.....	†47.6	49.4	52.0	56.4	64.5	69.2	73.3	74.0	69.5	63.6	58.8	49.6
Nice.....	†45.8	49 0	51.4	57.0	63.0	69.0	73.6	74.3	69.4	61 8	53.7	48.6
Florence.....	†41.0	45.0	48.0	56.0	64.0	69.0	77.0	76.0	70.0	59.0	53.0	47.0

* Computed from U. S. Signal Service. † Computed by Dr. Bennett.

An inspection of the foregoing table will show that the winter temperature of Coronado is 8° *higher* than the winter temperature of the most favored foreign winter resorts, and the summer temperature 10° *lower*, thus making an average of 9° in favor of Coronado as an all-the year-round resort.

THE CORONADO HUNTING GROUNDS.

The management has reserved 1,900 acres of land heavily covered with short brush, one and one-half miles from the hotel, as a preserve, and has put upon it this season 10,000 live quail.

The privilege to hunt by the day, week, or month can be obtained at very reasonable figures.

Those who have had the most experience in all parts of the United States say that the California quail is the most difficult bird to kill, *and get in your bag*, that flies. The famous shot, the late Ira Payne, after failing to bag a single quail with nine consecutive shots, said they were the most elusive and delusive birds he had ever tackled.

Guests can leave the hotel and be shooting inside of fifteen minutes.

In addition to this the same ground now has upon it thousands of jack rabbits, and the management has cleared a field one and one-half miles long, over which guests of the hotel on horseback follow a pack of thirty greyhounds.

These rabbit chases are now among the most popular sports at Coronado, and occur twice a week, and oftener, if a dozen riders desire to indulge in a chase.

There is no expense to guests to join any of these chases, except for mounts, it only being necessary for them to leave their names at the office one day in advance.

THE HUNTING SCENE.

EXPERTS' OPINIONS OF CORONADO'S CLIMATE.

"THE MOST HEALTHFUL REGION IN THE WORLD."

"The various elements combine to make Southern California probably the most attractive and healthful region in the world, and it has been predicted that as its advantages are more fully understood the State will become the health resort of the world. Even now many European physicians are recommending its climate to their patients, and Americans are awaking to the fact that they have at home a region for invalids better than any single locality abroad."—DAVIS, *in the Lancet and Clinic*.

"THE SANITARIUM OF THE PACIFIC."

"The only military post of the United States in Southern California is at San Diego. The military post showing the highest rate of non-effectiveness from sickness in 1885 was San Diego. This station is the sanitarium of the division for the Pacific. Its general salubrity caused its selection for the purposes indicated."—CHAMBERLAIN, *Medical Record*.

"NO FEVERS."

"In this vicinity a case of intermittent or remittent fever is seldom, if ever, seen, unless contracted elsewhere."—SURGEON SUMMERS.

PARKES, in his work on "Practical Hygiene," says: "The best climates for phthisis are those which permit the greatest number of hours to be passed out of the house."

DR. WILLIAMS, of London.—"In the majority of cases of chronic phthisis, and especially in women, whose circulation is weaker, the warm and dry climate is best."

PROFESSOR LOOMIS.—"Endeavor to select a climate where you may be out-of-doors every day, and at every hour of the day."

THE CORONADO WATER.

The Coronado Mineral Water, the analysis of which shows that it is superior to the imported waters, comes from living springs near the hotel, is a perfectly pure water, and has been found remarkably curative in diseases of the bladder, kidneys, and liver. It acts as a gentle tonic to the entire bodily system, and is delicious as a table water. It is the only water used at the Hotel del Coronado, where it is free to the guests, many of whom, after testing its virtues, order it sent to their homes. *All the ice used at the hotel is made from the "Coronado Water."* The following analysis was made by the well-known chemist, C. Gilbert Wheeler, of Chicago:—

Silica	.167
Iron (Sesquioxide)	.011
Sodium Chloride	1.977
Sodium Sulphate	.066
Potassium Sulphate	.086
Calcium Sulphate	.158
Calcium Carbonate	.601
Magnesium Carbonate	.479
	3.545

FROM THOSE WHO HAVE USED IT.

H. A. Johnson, M. D., Chicago.—"This is a remarkably pleasant table water, absolutely pure. It must be excellent for kidney and bladder troubles. I think it also a good tonic for the general system, giving to nature a general impetus."

W. H. Mason, M. D., late Professor of Physiology in the University of Buffalo, N. Y.—"Coronado, with its magnificent hotel, as a real sanitarium and pleasant seaside resort, where complete restfulness and refreshing enjoyment can be had, is unrivaled anywhere. Its pure and mild atmosphere, equable temperature, dry climate, and its refreshing westerly breezes, together with the excellence of its natural mineral water, may be regarded as a regular 'elixir of life.'"

O. D. Cheney, M. D., of Haverhill, Mass.—"There is a freshness and fascination about the place that causes it to become a ready favorite with everyone who comes here. I find also another great attraction, and one that will give you high satisfaction; it is the peculiar and powerful medicinal properties in the water now in use at the hotel."

J. Davis, of San Francisco.—"No expression of thanks that I have been here and drunk of the Coronado water can tell you how different I now feel from what I did when I arrived a month ago, then suffering from pains in my kidneys. I can safely say that I am like another being, and feel almost as limber and well as I ever did. My general health also is greatly improved."

H. W. Brown, President of the St. Paul Gas Company, St. Paul, Minn.—"In my travels, and they have extended throughout the United States and Europe, I have drunk every known table water, but have found none that is so palatable and pleasant or that can in any way compare with the Coronado Water, which is all and more than has been claimed for it. The carbonated Coronado water is infinitely superior to the Apollinaris."

A recent number of the *Northwestern Medical Journal* contains the following: "The excellent medicinal qualities this water possesses cannot be too highly estimated, and the analytical tests of two well-known chemists, each confirming the report of the other, must give to it a place in the foremost ranks as a remedy in kidney and bladder ailments, owing to its solvent and eliminating power, and its quick curative action on these organs."

STEAM HEATERS.

Steam heat has, during the past winter, been introduced all through the hotel, and is in every parlor and public room. In this the hotel is as "unique" as in other respects, inasmuch as they desire to have, and request the guests to keep the steam turned on rather than off. Other hotels have frequently furnished steam heat free of charge. This hotel not only does this, but it is almost ready to offer a chromo to have you use it. It saves us money, strange as it may seem.

WHITE DRAWING ROOM, HOTEL DEL CORONADO.

THE HOTEL DEL CORONADO.

THE HOTEL DEL CORONADO is the largest resort hotel in the world. Travelers say there is nothing like it, either in this country or in Europe.

Its appointments are modern and elegant in every detail.

The cuisine will not fail to satisfy the most fastidious. "They have a skillful *chef*, and he fills your platter with most appetizing dishes."—MORRIS PHILLIPS.

The quadrangular court, upon which many of the sleeping rooms open, is a tropical garden of nearly one and one-half acres.

The grounds cover twenty acres, and contain, besides rare flowers, pine, palm, and pepper trees, many varieties of tropical plants and shrubs.

The dining room has been called one of the finest in the world. It has a floor area of ten thousand square feet. Its ends are oval, and its ceiling, thirty-three feet in height, is unsupported by a single pillar. There are several private dining rooms, each elegantly appointed.

The bedrooms are of good size, are handsomely furnished, and have plenty of light and fresh air. Nearly all of them overlook the bay or the ocean.

The building is lighted throughout by incandescent electric lights, of which there are two thousand five hundred, besides the arc lights.

Hot and cold sea water baths are given inside the hotel.

There are seventy-five private sitting rooms, so situated that they can be used conveniently by families or congenial parties of friends. From six to twelve rooms open into these apartments. Many of the latter overlook the court.

All the ice that is used in the hotel is made from the Coronado water, a reference to which will be found on page 21.

The facilities for surf and still-water bathing are not equaled elsewhere along the coast.

The rates are surprisingly moderate. Attention is invited to the remarks on this subject by Messrs. Edward D. Adams, of New York, and Joseph Nash, of San Francisco, pages 25 and 26. Liberal reductions from the daily rate are made to those who remain a month, six months, or a year. For full particulars in regard to rates, write to E. S. BABCOCK, Manager.

OPINIONS OF VISITORS.

THE RIVIERA IS NO RIVAL.

"I know of no more charming place in the whole world than Coronado Beach, with its palatial and excellent hotel, where 'home comforts' may be found. To see a sunrise and sunset in San Diego, on the heights overlooking Coronado Beach, and the beautiful harbor, is one of the loveliest sights I have ever seen in any part of the world. I am personally familiar with the climate of the Riviera, in North Italy, and, in my opinion, it certainly does not equal that of Southern California No hotel like the Hotel del Coronado is to be found in any part of Europe, and a hotel there with anything like its comforts would cost about three times as much as at Coronado. I speak from experience, having quite recently returned from a five months' tour over the Continent."—Dr. T. Griswold Comstock, St. Louis.

"SURPRISE AT THE MODERATE CHARGES."

"Tourists, and others who visit this fascinating region, and are so fortunate as to stop at the Hotel del Coronado, never fail to express their admiration of its perfect management, and their surprise at the moderate charges. It far exceeds my expectations or any praise I could give it."—Edward D. Adams, of Winslow, Lanier & Co., New York.

"A MARVELOUS INSTITUTION."

"This hotel is a marvelous institution, and is the finest, in my mind, to be found in the world. There is an air of Oriental magnificence about here that makes this a delightful place to while away one's idle days. I only wish our stay could be made longer."—Hon. Cecil Baring, of Baring Brothers, Bankers, London.

"IT HAS A DELIGHTFUL INFLUENCE ON ONE."

"Its immensity astonishes me, and its perfect beauty delights me. It is in every way so different from any hotel I have ever seen. It has a new surprise wherever I turn. It is so fresh and nice, it gives such a feeling of pleasing repose, and altogether it has a delightful influence on one."—Mrs. Langtry.

"UNRIVALED IN THE WORLD."

"The Hotel del Coronado is the most perfect and beautiful hotel I have ever seen. Its size and its delightful surroundings, its magnificent and gorgeously furnished public and private apartments, its grand assembly hall, its unequaled dining room, and its great open court filled with tropical plants, along with its climatic superiority, combine to make this hotel stand quite unrivaled in the world."—T. Munson Coan, Century Club, New York.

"THE MOST SATISFACTORY AND DELIGHTFUL PLACE I HAVE EVER VISITED."

"I have stopped at or seen nearly all the great hotels of the world, but I am frank to admit that for magnificent elegance, grandeur, and real comfort the Hotel del Coronado is incomparable. Then, again, its charming location and the dryness of its mild atmosphere combine to make this the most satisfactory and delightful place I have ever visited."—Adolph Sutro.

"THE FINEST I HAVE EVER SEEN, AND I HAVE SEEN THEM ALL."

General G. M. Dodge, who was General Grant's right-hand man in the construction of railroads, and who is probably one of the highest authorities in the United States on civil engineering, visited the Hotel del Coronado in March, 1891. On alighting, and without entering the building, leaving the matter of registering to his friends, he started on a voyage of discovery around the hotel, visiting every part of it, including the museum, engine house, etc., before going inside. As he entered, he remarked to Charles Nordhoff and U. S. Grant, Jr., "This is the finest hotel I have ever seen,—and I have seen them all."

"I NEVER PAID SO REASONABLE A HOTEL BILL."

"We leave your beautiful place to-day with the greatest regret, but hope to make another visit soon, when we can stay much longer. I have been to most parts of the world, but I have never met with any place at all comparable to yours for beauty and comfort. We have received the kindest treatment, and have enjoyed every moment of our visit; and, considering the luxury and comfort we have received, I have never paid so reasonable a hotel bill."—Joseph Nash, San Francisco.

"ITS EXCELLENT CULINARY ARRANGEMENTS."

"This handsome structure is most completely and elegantly appointed. Its excellent culinary arrangements, and beautiful surroundings, with the opportunities which the vicinity affords for all kinds of outdoor sports and enjoyments, combine to make this hotel the most attractive in the world."—E. F. Claypoll, Indianapolis.

IN BRIEF.

CORONADO BEACH is situated on the southeastern part of the peninsula which forms the Bay of San Diego,—the finest natural harbor but one on the Pacific Coast,—480 miles southeast of San Francisco, and 15 miles from the Mexican border, in latitude 32° 42′ 37″. The Hotel del Coronado stands on a gently sloping *mesa*. Charming views of the ocean, bay, and the coast and Mexican ranges are obtained from the piazzas and nearly all of the sleeping rooms. San Diego, just across the bay, is the western terminus of the Atchison, Topeka, and Santa Fe Railway. Coronado can be reached by any other of the transcontinental routes,—the Northern, Southern, or Union Pacific. A line of steamers plies between San Diego and San Francisco. Any ticket agent would be able to give full information as to routes and rates. All the lines mentioned have offices in New York and in many other of the larger Eastern cities. Coronado Beach can be reached in a trifle more than five days from New York, Boston, or Philadelphia. The trip is delightful, made as it is to-day in the elegant vestibuled moving palaces of the through trains.

The Coronado schools embrace the three principal branches of education,—the kindergarten, grammar, and high school. The high school course covers three years, is approved by the State University, where graduates are admitted without further examination

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Coronado's wonderful equability of climate is due to the unique natural position of the peninsula and the regularity in the movement of the winds. The soil is dry and porous; there is no mud.

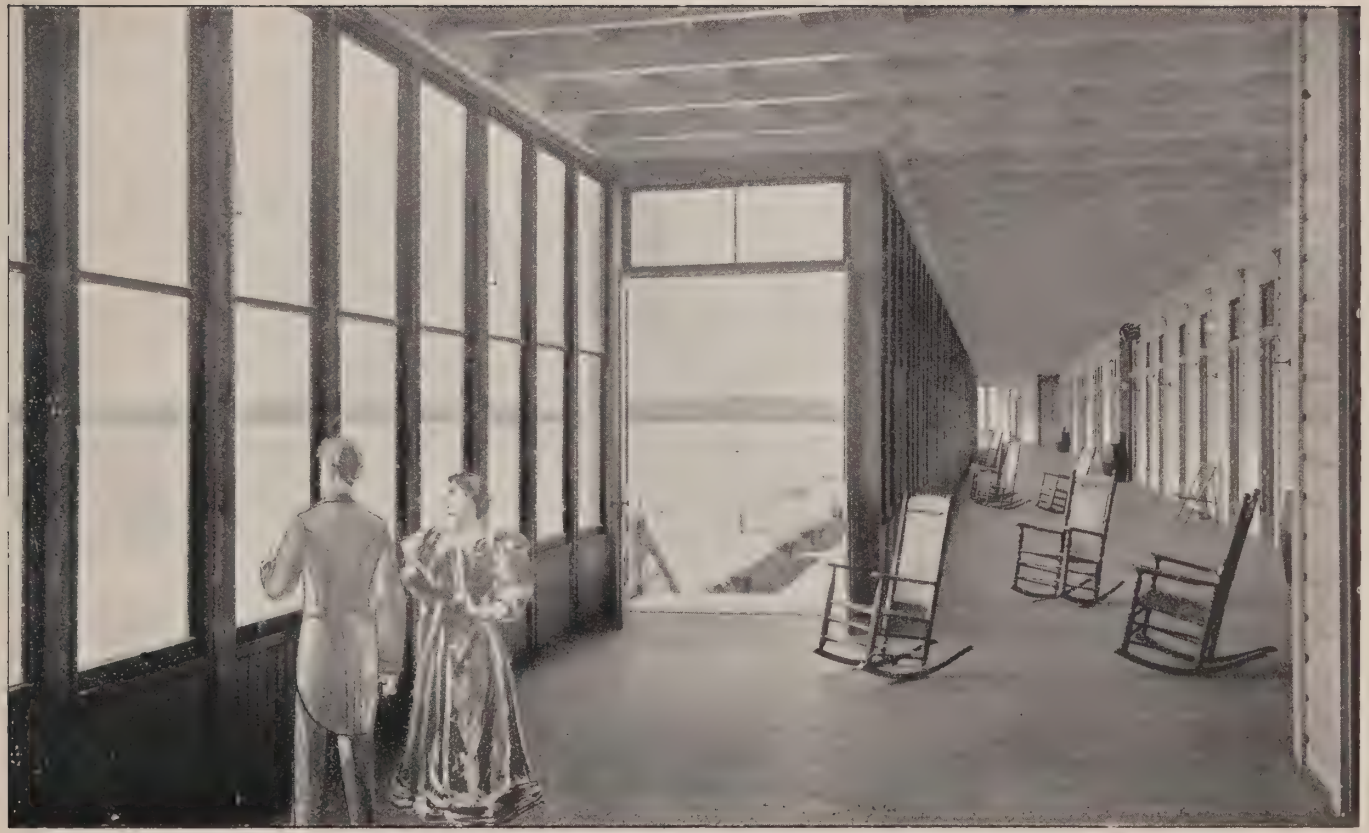
About two hours after sunrise an invigorating breeze comes from off the ocean, attaining its greatest velocity between 1 and 2 P. M., at which hour it begins to decrease, and finally changes to a gentle land wind during the night.

As there is almost no perceptible difference between summer and winter, one wears the same clothing at Coronado the year round.

The average rainfall at Coronado is 10 inches, and the average number of rainy days for the year, 34.

WHAT THERE IS AND WHAT THERE IS NOT AT CORONADO.

THERE IS:	THERE IS NOT:
The Most Equable Climate in the World.	Any Hay Fever.
Perfect Sanitation.	Any Malaria.
Perfectly Pure Water.	Any Sleeplessness.
Perfectly Pure Ice.	Any Loss of Appetite.
Plenty of Sunlight.	Any Languor in the Air
Cool Nights	A "Heated Term," or
The Most Picturesque Environment on the Pacific Coast.	A "Cold Snap."



GLASS VERANDA FACING THE OCEAN, HOTEL DEL CORONADO.

WHAT ONE CAN DO AT CORONADO.

Take a "constitutional" along the beach before breakfast.

A sunning on the south veranda afterwards.

A spin on the bay before dinner, and afterwards.

A *siesta* in one of the easy-chairs in the glass-inclosed gallery.

Dance in the evening.

Enjoy a *dolce far niente* in the sand in the afternoon.

Try his luck for mackerel or barracuda.

Promenade on the iron pier.

Make a brief excursion into Mexico.

Dip into the surf.

Drive on the beach.

Shoot quail in the morning and have them broiled for dinner.

Cultivate the acquaintance of the jack rabbits on North Island.

Visit Old Town and its historic mission in the beautiful Mission Valley.

Get out among the plover, snipe, curlew, and black brant, the wild geese and ducks.

Take a day for deer in the mountains.

Persuade the gentle halibut or the festive jew-fish in the bay.

Troll for "the bluefish of the Pacific."

Gather some of the beautiful mosses and shells found along the beach.

Organize a yachting party for an after-luncheon cruise to the Coronado Islands.

Spend one afternoon a week in the Botanical Gardens.

Lose one's self in the Labyrinth.

Visit the Ostrich Farm.

Go to the races.

Attend the concerts.

Spend an hour a day in the Museum.

See the famed Sweetwater Dam, *via* National City, Chula Vista, and Paradise Valley.

Board the "Motor" in front of the hotel and speed around the bay to San Diego, returning by the ferry.

Take the train or drive to La Jolla Park and explore the caves, not forgetting to bring back some of the beautiful shells one finds there.

Hire a donkey for a jog along the shore.

Go to the theater.

Sound the melodious old bells at Old Town.

Make a pilgrimage to the lighthouse and Point Loma. This is the highest lighthouse in the world,—500 feet above the sea.

Picnic at El Cajon Valley, famed for its wonderful fertility. Daily trains from San Diego.

Set foot on foreign soil by passing a day at Tia Juana, where one may, perchance, have his first dish of *frijoles* or *tortillas*.

Obtain a magnificent view of the beach, the mountains, and the sea from the Tower.

Taste the luxury of a hot sea-water plunge bath.

Enjoy about the best things of life generally.

CORONADO
CALIFORNIA
AND
SURROUNDINGS
CORONADO BEACH
NEVADA
ARIZONA
MEXICO
ATLANTIC & PACIFIC
SAN DIEGO
NATIONAL CITY
Tia Juana
ESCONDIDO
San Marcos
Julian
El Cajon
Lomia Alta
Encinitas
Del Mar
Solana Beach
Oceanside
San Clemente Island
San Nicholas I.
Sta Catalina
Sta Barbara
Beggs Rock
REDONDO BEACH
INGLEWOOD
Pl. Ballona
Santa Cruz Id.
Huenemo
Carpinteria
Goleta
SANTA BARBARA
Fillmore
Saugus
Newhall
Lancaster
Palmdale
Elizabeth L.
Tulare L.
Kern L.
Buena Vista L.
Owens L.
Death Valley
Indian Spr.
Las Vegas
Salt Mine
St Thomas
Callville
Goodsprs.
Resting Spr.
Keystone
Calico Mining Dist.
Ivanpah
Barstow
Daggett
Newberry
Hasiett
Larvie
Ludlow
Siberia
Bagdad
Amboy
Cadiz
Danby
Fenner
Blake
Needles
Colorado
Parker
Yuma Copper Co
Aubrey
Signal
Hillsdale
Limeston
Ceda
Jeron
Kirkl
Cottonwoo
Harqua Hala Dist.
Congress
Martinez
Seymon
Hot Sprs.
Agua
Ehrenberg
Volcano Spr.
Dry Lake
Tortuga
Yuma
Gila R.
Adonde
Aztec
Quitovaquita
S. Catilina
Ensenada
Indio
Coven Palms
Oro Grande
Victor
Summit
Highland
E. Highland
Mentone
Redlands
Colton
E. Riverside
Perris
San Jacinto
Winchester
Elsinore
Murrieta
Temecula
Santa Ana
Orange
Pomona
Ontario
Riverside
Arrowhead
Redondo Junction
Los Angeles
Pasadena
Monrovia
Arcadia
Alhambra
Glendale
Burbank
Lankershim
Saugus
Newhall
Alpine
Bernardino
San Gabriel
Mojave
Tehachapi
Caliente
Keene
Bakersfield
Delano
Tipton
Poso
Lerdo
Margarita
Luis Obispo
Arroyo Grande
Nipomo
Guadalupe
Surf
Gaviota
Refugio
Ellwood
Hope Ranch
Montecito
Summerland
Carpinteria
Ventura
Hueneme
Santa Barbara
Goleta
Fillmore

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